

# Springfield 5K

## Overall Female Runner

Place	Bib#	Name	Time	Grade	Athlete Type	Hometown	Pace	Speed	Overall Place	Age	Athlete ID
1.	263	Lucas, Randi	21:45.624	-	Runner	Springfield, IL	6:58	8.621	4	32	
2.	221	Bills, Stephenie	23:47.064	-	Runner	Peoria, IL	7:37	7.884	7	34	
3.	270	Lowe, Kate	23:52.307	-	Runner	Bloomington, IL	7:38	7.856	9	24	

## Overall Male Runner

Place	Bib#	Name	Time	Grade	Athlete Type	Hometown	Pace	Speed	Overall Place	Age	Athlete ID
1.	277	Virден, Keith	19:00.327	-	Runner	Springfield, IL	6:05	9.868	1	42	
2.	210	Lee, Adrian	19:31.794	-	Runner	Springfield, IL	6:15	9.607	2	39	
3.	335	Ruesink, Mark	21:42.304	-	Runner	Belleville, IL	6:57	8.641	3	44	

## Overall Female Walker

Place	Bib#	Name	Time	Grade	Athlete Type	Hometown	Pace	Speed	Overall Place	Age	Athlete ID
1.	363	Johnson, Susan	50:56.557	FR	Runner		16:18	3.681	132	36	

## Female 0-19

Place	Bib#	Name	Time	Grade	Athlete Type	Hometown	Pace	Speed	Overall Place	Age	Athlete ID
1.	305	Coleman, Ayda	26:40.107	-	Runner	Pana, IL	8:32	7.031	27	9	
2.	251	Hedges, Cambrey	32:55.460	-	Runner	Divernon, IL	10:32	5.696	78	9	
3.	322	Sterbinsky, Pearl	35:28.714	-	Runner	Taylorville, IL	11:21	5.287	93	11	

## Male 0-19

Place	Bib#	Name	Time	Grade	Athlete Type	Hometown	Pace	Speed	Overall Place	Age	Athlete ID
1.	252	Settlemoir, Caden	24:20.000	-	Runner	Springfield, IL	7:47	7.705	13	11	
2.	345	Gribbins, Adam	25:51.800	FR	Runner		8:16	7.253	22	11	
3.	362	Himmelrick, Sebastian	32:12.884	FR	Runner		10:18	5.823	74	11	

## Female 20-29

Place	Bib#	Name	Time	Grade	Athlete Type	Hometown	Pace	Speed	Overall Place	Age	Athlete ID
1.	240	Lawhorn, Lacey	27:10.940	-	Runner	Mattoon, IL	8:42	6.902	30	28	
2.	311	Sharpstene, Danielle	27:13.170	-	Runner	Springfield, IL	8:43	6.889	31	22	
3.	260	Ulsaker, Sarah	27:50.167	-	Runner	Springfield, IL	8:54	6.737	37	22	

## Male 20-29

Place	Bib#	Name	Time	Grade	Athlete Type	Hometown	Pace	Speed	Overall Place	Age	Athlete ID
1.	300	Nall, Matt	22:05.854	-	Runner	Camp Point, IL	7:04	8.491	5	24	
2.	234	Bommarito, Joseph	24:07.000	-	Runner	Springfield, IL	7:43	7.775	11	23	
3.	330	Viggiani, Anthony	26:41.110	-	Runner	Chatham, IL	8:32	7.027	28	28	

## Female 30-39

Place	Bib#	Name	Time	Grade	Athlete Type	Hometown	Pace	Speed	Overall Place	Age	Athlete ID
1.	325	Meins, Lauri	24:32.117	-	Runner	Normal, IL	7:51	7.643	16	30	
2.	282	Hubbard, Kelly	25:46.847	-	Runner	Springfield, IL	8:15	7.277	21	37	
3.	276	Bonitzer, Leanne	26:32.650	-	Runner	Taylorville, IL	8:29	7.067	26	34	

# Springfield 5K

## Male 30-39

Place	Bib#	Name	Time	Grade	Athlete Type	Hometown	Pace	Speed	Overall Place	Age	Athlete ID
1.	280	Williams, Charles	24:15.767	-	Runner	Harvel, IL	7:46	7.732	12	35	
2.	233	Wood, Shannon	24:20.620	-	Runner	Arenzville, IL	7:47	7.705	14	33	
3.	244	Settlemoir, Curt	25:35.887	-	Runner	Springfield, IL	8:11	7.329	20	38	

## Female 40-49

Place	Bib#	Name	Time	Grade	Athlete Type	Hometown	Pace	Speed	Overall Place	Age	Athlete ID
1.	320	Teaman, Barbara	25:29.587	-	Runner	Chatham, IL	8:09	7.358	19	44	
2.	361	Himmelrick, Theresa	27:29.427	FR	Runner		8:48	6.822	33	42	
3.	238	Morris, Victoria	28:26.930	-	Runner	Thomasboro, IL	9:06	6.594	44	40	

## Male 40-49

Place	Bib#	Name	Time	Grade	Athlete Type	Hometown	Pace	Speed	Overall Place	Age	Athlete ID
1.	235	Zollmann, Bob	22:54.644	-	Runner	Mattoon, IL	7:20	8.188	6	46	
2.	303	Harmony, James	23:53.017	-	Runner	Springfield, IL	7:39	7.851	10	44	
3.	264	Clark, Kevin	25:57.810	-	Runner	Farmersville, IL	8:18	7.225	23	47	

## Female 50-59

Place	Bib#	Name	Time	Grade	Athlete Type	Hometown	Pace	Speed	Overall Place	Age	Athlete ID
1.	213	Smith, Liesl	25:19.257	-	Runner	Springfield, IL	8:06	7.406	18	50	
2.	301	Nall, Martha	27:41.824	-	Runner	Camp Point, IL	8:52	6.773	35	56	
3.	339	Davenport, Beth	31:30.017	-	Runner	Santa Fe, NM	10:05	5.952	64	54	

## Male 50-59

Place	Bib#	Name	Time	Grade	Athlete Type	Hometown	Pace	Speed	Overall Place	Age	Athlete ID
1.	294	Sakadaris, Foti	23:49.920	-	Runner	Worden, IL	7:37	7.873	8	56	
2.	344	Lynch, James	24:29.220	FR	Runner		7:50	7.658	15	54	
3.	239	Lawhorn, Steve	26:29.447	-	Runner	Mattoon, IL	8:28	7.080	25	56	

## Female 60-69

Place	Bib#	Name	Time	Grade	Athlete Type	Hometown	Pace	Speed	Overall Place	Age	Athlete ID
1.	283	Hubbard, Joyce	30:01.437	-	Runner	Springfield, IL	9:36	6.247	52	64	
2.	333	Jensen, Kathleen	30:15.267	-	Runner	Harristown, IL	9:41	6.198	55	61	
3.	297	Schaive, Lesa	36:12.744	-	Runner	Springfield, IL	11:35	5.180	95	60	

## Male 60-69

Place	Bib#	Name	Time	Grade	Athlete Type	Hometown	Pace	Speed	Overall Place	Age	Athlete ID
1.	364	Heaps, David	24:56.240	FR	Runner		7:59	7.520	17	61	
2.	304	Brubaker, John	26:48.447	-	Runner	Chatham, IL	8:35	6.996	29	69	
3.	299	Childers, Isaac	28:28.897	-	Runner	Granite City, IL	9:07	6.587	45	64	

## Male 70+

Place	Bib#	Name	Time	Grade	Athlete Type	Hometown	Pace	Speed	Overall Place	Age	Athlete ID
1.	261	Spinner, Paul	28:24.734	-	Runner	Paris, IL	9:05	6.602	42	71	